

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 08:05 untill 08:55. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: Limme Rajan HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE MIXED 10-9							Heat:4, starttime: 09:05		
Heat: 4/4 Lane : 3 Athlete: LI YIYANG							Q-time: 00:51:64		
PB (25m pool): 00:51.64 LEUVEN 23/11/2025				PB (50m pool): no time SB: 00:51.64 LEUVEN 23/11/2025					
	2 5 M		5 0 M						
PB			00:51.64						
			00:51.64						
									

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:2, starttime: 09:18	
Heat: 2/5 Lane : 5 Athlete: SIGSWORTH KAYA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 09:22	
Heat: 3/5 Lane : 1 Athlete: ARUSTAMYAN ARTHUR							Q-time: 03:40:89	
PB (25m pool): 03:40.89 LEUVEN 23/11/2025			PB (50m pool): no time SB: 03:40.89 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.82		01:45.32		02:50.41		03:40.89
	00:53.82		00:51.50		01:05.09		00:50.48	
								

Coach feedback:

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Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 09:42
Heat: 3/14 Lane : 4 Athlete: ASSAM ELOISE					Q-time: 02:06:08
PB (25m pool): 02:06.08 Tremelo 14/12/2025			PB (50m pool): no time SB: 02:06.08 Tremelo 14/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.00		02:06.08	
	01:00.00		01:06.08		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 09:44
Heat: 4/14 Lane : 1 Athlete: CREEMERS LIEZE					Q-time: 02:03:29
PB (25m pool): no time			PB (50m pool): 02:03.29 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 09:44
Heat: 4/14 Lane : 5 Athlete: VERMEULEN LOUISE					Q-time: 02:01:27
PB (25m pool): 02:01.27 Mons 26/10/2025			PB (50m pool): 02:18.43 SB: 02:01.27 Mons 26/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.56		02:01.27	
	00:58.56		01:02.71		
					

Coach feedback:

Event number: 12: 50M FREESTYLE MIXED 10-9					Heat:5, starttime: 11:26
Heat: 5/5 Lane : 5 Athlete: LI YIYANG					Q-time: 00:46:04
PB (25m pool): 00:46.04 Dilbeek 28/09/2025			PB (50m pool): no time SB: 00:46.04 Dilbeek 28/09/2025		
	2 5 M	5 0 M			
PB		00:46.04			
	00:46.04				
					

Coach feedback:

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Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 12:00
Heat: 6/14 Lane : 1 Athlete: ARUSTAMYAN ARTHUR					Q-time: 02:08:77
PB (25m pool): no time PB (50m pool): 02:08.77 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:7, starttime: 12:02
Heat: 7/14 Lane : 3 Athlete: SIGSWORTH KAYA					Q-time: 01:55:53
PB (25m pool): 01:55.53 Tremelo 14/12/2025 PB (50m pool): no time SB: 01:55.53 Tremelo 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.29		01:55.53	
	00:53.29 01:02.24				
					

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 12:27	
Heat: 3/8 Lane : 3 Athlete: VERMEULEN LOUISE							Q-time: 03:53:66	
PB (25m pool): 03:53.66 LEUVEN 21/12/2025				PB (50m pool): no time SB: 03:53.66 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:57.97		01:57.15		02:57.53		03:53.66
	00:57.97		00:59.18		01:00.38		00:56.13	
								

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 12:27	
Heat: 3/8 Lane : 5 Athlete: ASSAM ELOISE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 17: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 12:31	
Heat: 4/8 Lane : 5 Athlete: CREEMERS LIEZE							Q-time: 03:51:79	
PB (25m pool): 03:51.79 LEUVEN 21/12/2025				PB (50m pool): 04:11.51SB: 03:51.79 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:56.99		01:53.30		02:59.33		03:51.79
	00:56.99		00:56.31		01:06.03		00:52.46	
								

Coach feedback: